THE REPRODUCTIVE SYSTEM

THE REPRODUCTIVE SYSTEM

OGonads – primary sex organs ≻Testes in males ≻Ovaries in females

SEX CELLS

- Sperm Male gametes produced in the testes. Testosterone is the male sex hormone
- •Ova (eggs) Female gametes produced in the ovaries. Estrogen is the female sex hormone.























EPIDIDYMIS

•Comma-shaped and tightly coiled tube found on the superior part of the testis and along the posterior lateral side.

•Functions to mature and store sperm cells (at least 20 days)

• Expels sperm with the contraction of muscles within the epididymis walls to the vas deferens.

DUCTUS DEFERENS (VAS DEFERENS)

 OCarries sperm from the epididymis to the ejaculatory duct.
 OMoves sperm along the vas deferens by peristalsis and once in the uterus they move using their tail.

DUCTUS DEFERENS (VAS DEFERENS)

 Ends in the ejaculatory duct which unites with the urethra.
 Vasectomy - cutting of the ductus deferens at the level of the testes to prevent transportation of sperm out of the body.









SEMINAL VESICLES

Clocated at the base of the bladder.
Produces a thick, yellowish secretion (60% of semen).





OEncircles the upper part of the urethra.
OSecretes a milky fluid.
OHelps to activate sperm.
OEnters the urethra through several small ducts.



BULBOURETHRAL GLAND

•Pea-sized gland inferior to the prostate. •Produces a thick, clear mucus.

•Cleanses the urethra of acidic urine.

•Serves as a lubricant during sexual intercourse.

•Secreted into the penile urethra.



SEMEN

•Mixture of sperm and accessory gland secretions.

•Advantages of accessory gland secretions.

•Fructose provides energy for sperm cells.

•Alkalinity of semen helps neutralize the acidic environment of vagina.

EXTERNAL GENITALIA

OScrotum.

•Divided sac of skin outside the abdomen.

•Maintains testes at 3°C lower than normal body temperature to protect sperm viability.

EXTERNAL GENITALIA

OPenis

•Delivers sperm into the female reproductive tract.

•Regions of the penis

OShaft

•Glans penis (enlarged tip)



2



SPERMATOGENESIS

OProduction of sperm cells.
OBegins at puberty and continues throughout life.
OOccurs in the seminiferous tubules.
O4 functional cells are produced with flagella.



PROCESSES OF SPERMATOGENESIS

- Spermatogonia (stem cells) undergo rapid mitosis to produce more stem cells before puberty.
- Follicle stimulating hormone (FSH) modifies spermatogonia division.
 - •One cell produced is a stem cell.
 - The other cell produced becomes a primary spermatocyte.

	PROCESSES OF SPERMATOGENESIS	
OPrim me are OThat chr hun	hary spermatocytes underg eiosis and haploid spermat e produced. t means they have half of t romosomes of an adult man male.	o ids the





PROCESSES OF SPERMATOGENESIS

• Spermatogenesis

•Late spermatids are produced with 3 distinct regions

- ➤ Head contains DNA covered by the acrosome
- Midpiece-Contains mitochondria
- ➤ Tail-Moves the sperm cell
- Sperm cells result after maturing of spermatids
- Spermatogenesis takes 64 to 72 days



MALE SEX HORMONE

• The most important hormone of the testes is testosterone.

FUNCTIONS OF TESTOSTERONE

- Stimulates reproductive organ development
- $\bullet Underlies sex drive$
- •Causes secondary sex characteristics
 - ODeepening of voice
 - OIncreased hair growth
 - •Enlargement of skeletal muscles
 - Thickening of bones







FEMALE REPRODUCTIVE SYSTEM

Ovaries

Uterine tubes (fallopian tubes)

Uterus

Vagina

External genitalia







MENSTURAL CYCLE

Once a female reaches sexual maturity, she begins a reproductive cycle called the menstrual cycle. The cycle of changes takes place in the ovary over a 28 day period.

All of the reproductive cells a female will use in her life she has before she is born.



HORMONAL AND STRUCTURAL CHANGES

In addition to the maturation of a follicular cell, several hormonal and structural changes occur. Estrogen levels rise just before ovulation. LH and FSH spike on day 14 when the egg is released (ovulation).



AFTER OVULATION

After ovulation, progesterone levels rise in preparation for potential implantation of the egg if it is fertilized.

- The inner lining (endometrium) of the uterus thickens and becomes more vascular.
- If the egg is not fertilized, the inner uterine lining is shed in a process called menstruation.



OVARIAN FOLLICLE STAGES

Primary follicle – contains an immature oocyte Secondary follicle-mature egg cell that is ready to be released. Ovulation – when the egg is mature the follicle ruptures Occurs about every 28 days, but on the 14th The ruptured follicle is transformed into a corpus luteum.

WHERE IT ALL BEGINS

All of the egg cells a female will release during her reproductive years she develops before she is born.

PRIMODIAL FOLLICLE

Primordial germ cells migrate into the developing gonads early in the development of the embryo. Some of these enlarge and develop into larger cells called primary oocytes and enter the first meiotic division. This occurs between 3 and 8 months of gestation in the human embryo.

PRIMARY FOLLICLE

These 'primary' oocytes become arrested in prophase of the first meiotic division until the female becomes sexually mature.

AT SEXUAL MATURITY

At sexual maturity, a small number of primary oocytes (20-50) mature each month and complete the fist meiotic division to become secondary oocytes under the influence of follicle stimulating hormone (FSH).

The oocytes synthesize a coat called the 'zona pellucida'.

They also accumulate ribosomes, yolk, glycogen, lipid and the mRNA that will be used later on after fertilization to direct early development of the embryo.

SECONDARY FOLLICLE

Polar bodies

Seco





OVULATION

This is the release of the secondary oocyte (mature ova or egg cell). This cell will contain the n number of chromosomes and will be released into the fallopian tube and be ready to get fertilized if sperm cells are present. This occurs on the 14th day of the menstrual cycle, not the 14th day of the month.





CORPUS LUTEUM

The corpus luteum is essential for establishing and maintaining pregnancy in females. The corpus luteum secretes progesterone, which is a steroid hormone responsible for the development and maintenance of the endometrium.



IF THE EGG IS NOT FERTILIZED

If the egg is not fertilized, the corpus luteum stops secreting progesterone and decays (after approximately 10 days in humans). It then degenerates into a corpus albicans, which is a mass of fibrous scar tissue.

IF THE EGG IS FERTILIZED

If the egg is fertilized and implantation occurs, the cells of the blastocyst secrete the hormone human chorionic gonadotropin (hCG, or a similar hormone in other species) by day 9 post-fertilization. hCG is the hormone used in pregnancy tests.





OVARIAN LIGAMENT

The ovarian ligament is composed of muscular and fibrous tissue; it extends from the uterine extremity of the ovary to the lateral aspect of the uterus, just below the point where the uterine tube and uterus meet.



UTERINE (FALLOPIAN) TUBES

Receive the ovulated oocyte Provide a site for fertilization Attaches to the uterus Does not physically attach to the ovary Supported by the broad ligament



UTERINE TUBE FUNCTION

Fimbriae – finger-like projections at the distal end that receive the oocyte. Cilia inside the uterine tube slowly move the oocyte towards the uterus. (takes 3–4 days) Fertilization occurs inside the uterine tube.

UTERUS

- Located behind the urinary bladder
- Hollow muscular organ
- Functions of the uterus
- Receives a fertilized egg
- Retains the fertilized egg
- Nourishes the fertilized egg



REGIONS OF THE UTERUS

Body – main portion Fundus – area where uterine tube enters Cervix – narrow outlet that protrudes into the vagina.



WALLS OF THE UTERUS

Endometrium

- Inner layer
- Allows for implantation of a fertilized egg
- Sloughs off if no pregnancy occurs (menses)

Myometrium – middle layer of smooth muscle

VAGINA

Extends from cervix to exterior of body Behind bladder and in front of rectum Serves as the birth canal Receives the penis during sexual intercourse Hymen – partially closes the vagina until it is ruptured



EXTERNAL GENITALIA (VULVA)

Mons pubis Fatty area overlying the pubic symphysis Covered with pubic hair after puberty



Clitoris Labia – skin folds Labia majora

Labia minora



OOGENESIS

The total supply of eggs are present at birth Ability to release eggs begins at puberty. Reproductive ability ends at menopause. Oocytes are matured in developing ovarian follicles. The mature oocyte is about 130 μ m in

diameter.



Primary oocytes are inactive until puberty Follicle stimulating hormone (FSH) causes some primary follicles to mature

Meiosis starts inside maturing follicle

Produces a secondary oocyte and the first polar body

Meiosis is completed after ovulation only if sperm penetrates

Two additional polar bodies are produced



THE BIRTHING PROCESS

MENSTRUAL (UTERINE) CYCLE

Cyclic changes of the endometrium Regulated by cyclic production of estrogens and progesterone.

LH and FSH are also involved.

(FSH) FOLLICLE STIMULATING HORMONE

FSH controls the first half of the menstrual cycle by stimulating the maturation of the ovarian follicles. Many follicles mature during each cycle, but the one that reaches maturity first will release the egg. FSH stimulates the follicle cells to produce the hormone estrogen, which stimulates the preparation of the endometrium, needed for implantation in case the egg is fertilized.

(LH) LUTEINIZING HORMONE

High levels of estrogen trigger the LH surge causing the release of the egg from the mature follicle. This process is called ovulation. LH stimulates the progesterone production from the corpus luteum, which supports the second half of the menstrual cycle. During this phase estrogen levels decrease while progesterone levels increase.





HORMONE PRODUCTION BY THE OVARIES

Estrogens

Produced by follicle cells

Cause secondary sex characteristics

- Enlargement of accessory organs
- Development of breasts
- Appearance of pubic hair
- Increase in fat beneath the skin
- Widening and lightening of the pelvis
- Onset of menses

HORMONE PRODUCTION BY THE OVARIES

Progesterone Produced by the corpus luteum Production continues until LH diminishes in the blood Helps maintain pregnancy

MAMMARY GLANDS

Present in both sexes, but only function in females Modified sweat glands Function is to produce milk Stimulated by sex hormones (mostly estrogens) to increase in size.

ANATOMY OF MAMMARY GLANDS

Areola – central pigmented area Nipple – protruding central area of areola Lobes – internal structures that radiate around nipple Alveolar glands – clusters of milk producing glands within lobules Lactiferous ducts – connect alveolar glands to nipple

STAGES OF PREGNANCY AND DEVELOPMENT

Fertilization Embryonic development Fetal development Childbirth

FERTILIZATION

The oocyte is viable for 12 to 24 hours after ovulation Sperm are viable for 12 to 48 hours after ejaculation Sperm cells must make their way to the uterine tube for fertilization to be possible





MECHANISMS OF FERTILIZATION

Membrane receptors on an oocyte pulls in the head of the first sperm cell to make contact

The membrane of the oocyte does not permit a second sperm head to enter

The oocyte then undergoes its second meiotic division

Fertilization occurs when the genetic material of a sperm combines with that of an oocyte to form a zygote

THE ZYGOTE

First cell of a new individual The result of the fusion of DNA from sperm and egg The zygote begins rapid mitotic cell divisions The zygote stage is in the uterine tube, moving toward the uterus

THE BLASTOCYST

Ball-like circle of cells Begins at about the 100 cell stage Secretes human chorionic gonadotropin (hCG) to produce the corpus luteum to continue producing hormones Functional areas of the blastocyst Trophoblast – large fluid-filled sphere Inner cell mass

THE BLASTOCYST

Primary germ layers are eventually formed

Ectoderm – outside layer

Mesoderm – middle layer

Endoderm – inside layer

The late blastocyst implants in the wall of the uterus (by day 14)

DERIVATIVES OF GERM LAYERS

Ectoderm

- Nervous system
- Epidermis of the skin Endoderm
- Mucosae
- Glands
- Mesoderm
- Everything else



DEVELOPMENT AFTER IMPLANTATION

Chorionic villi (projections of the blastocyst) develop Cooperate with cells of the uterus to form the placenta The embryo is surrounded by the amnion (a fluid filled sac) An umbilical cord forms to attach the embryo to the placenta

THE EMBRYO

Developmental stage from the start of cleavage until the ninth week The embryo first undergoes division without growth The embryo enters the uterus at the 16-cell state The embryo floats free in the uterus temporarily Uterine secretions are used for nourishment







FUNCTIONS OF THE PLACENTA

- Forms a barrier between mother and embryo (blood is not exchanged)
- Delivers nutrients and oxygen
- Removes waste from embryonic blood
- Becomes an endocrine organ (produces hormones) and takes over for the corpus luteum
- □ Estrogen
- □ Progesterone
- $\hfill\square$ Other hormones that maintain pregnancy

THE FETUS (BEGINNING OF THE NINTH WEEK)

All organ systems are formed by the end of the eighth week Activities of the fetus are growth and organ specialization A stage of tremendous growth and change in appearance



THE EFFECTS OF PREGNANCY ON THE MOTHER

Pregnancy – period from conception until birth Anatomical changes Enlargements of the uterus

Accentuated lumbar curvature

Relaxation of the pelvic ligaments and pubic symphysis due to production of relaxin

EFFECTS OF PREGNANCY ON THE MOTHER

Physiological changes

Gastrointestinal system

Morning sickness is common due to elevated progesterone

Heartburn is common because of organ crowding by the fetus

Constipation is caused by declining motility of the digestive tract

MORNING SICKNESS

Morning sickness often begins 4 - 6 weeks after conception and may continue until the fourth month of pregnancy. Some women have morning sickness during their entire pregnancy. This happens most often for women who are carrying more than 1 baby.

It is called morning sickness because the symptoms are more likely to occur early in the day, but they can occur at any time. For some women, morning sickness lasts all day.

Most experts think changes in the woman's hormone levels during pregnancy cause it.

Other factors that can make the nausea worse include a pregnant woman's enhanced sense of smell and gastric reflux.

EFFECTS OF PREGNANCY ON THE MOTHER

Physiological changes Urinary System Kidneys have additional burden and produce more urine The uterus compresses the bladder

EFFECTS OF PREGNANCY ON THE MOTHER

Physiological changes Respiratory System Nasal mucosa becomes congested and swollen Vital capacity and respiratory rate increase

EFFECTS OF PREGNANCY ON THE MOTHER

Physiological changes Cardiovascular system Body water rises Blood volume increases by 25 to 40 percent Blood pressure and pulse increase Varicose veins are common

CHILDBIRTH (PARTITION)

Labor – the series of events that expel the infant from the uterus. Initiation of labor

- 1. Estrogen levels rise
- 2. Uterine contractions begin
- 3. The placenta releases prostaglandins
- 4. Oxytocin is released by the pituitary
- 5. Combination of these hormones produces contractions



STAGES OF LABOR

Dilation Cervix becomes dilated Uterine contractions begin and increase The amnion ruptures

STAGES OF LABOR

Expulsion Infant passes through the cervix and vagina Normal delivery is head first Placental stage Delivery of the placenta TWINS

There are three types of twins: Monozygotic Dizygotic Polar Body Twins

MONOZYGOTIC

Identical Form from one fertilized egg 1/3 of all twins are identical Same sex and blood type Not hereditary May share one placenta or two placentas fused into one.







POLAR BODY TWINS

A single unfertilized egg splits in two and are then fertilized by two sperm Half identical or hybrid Share half of their genetic information







DEVELOPMENTAL ASPECTS OF THE REPRODUCTIVE SYSTEM

Gender is determined at fertilization Males have XY sex chromosomes Females have XX sex chromosomes Gonads do not begin to form until the eighth week



DEVELOPMENTAL ASPECTS OF THE REPRODUCTIVE SYSTEM

Testes form in the abdominal cavity and descend to the scrotum one month before birth The determining factor for gonad differentiation is testosterone

DEVELOPMENTAL ASPECTS OF THE REPRODUCTIVE SYSTEM

Reproductive system organs do not function until puberty Puberty usually begins between ages 10 and 15 The first menses usually occurs about two years after the start of puberty Most women reach peak reproductive ability in their late 20s

DEVELOPMENTAL ASPECTS OF THE REPRODUCTIVE SYSTEM

Menopause occurs when ovulation and menses cease entirely

Ovaries stop functioning as endocrine organs

There is a no equivalent of menopause in males, but there is a steady decline in testosterone