

**Life Functions Notes  
(self-check 1)**

**Directions:** Please use these notes to check your answers to the life processes activity featuring Bowser and his friends.

**Characteristics of Living Organisms:**

- ✓ Made up the smallest living units – cells
- ✓ Use energy
- ✓ Have definite form and shape
- ✓ Grow and reproduce (at least at the cellular level)
- ✓ Have a limited life span
- ✓ Respond and adapt to changes in their environments
- ✓ Highly organized
- ✓ Contain complex chemical compounds

**Organization of cell levels from the smallest to the largest:**

*cells ----tissues ---- organs ---- organ systems---- organism*

**Nutrition:** includes all activities in which an organism obtains materials from its environment and processes them for its use.

- ✓ **Nutrients:** substances an organism requires for energy, growth, repair, and maintenance
- ✓ **Heterotroph:** an organism that takes in preformed organic compounds from its environment
- ✓ **Autotroph:** an organism that makes its own food

**Nutrition includes the following activities:**

- ✓ **Ingestion:** taking in of food
- ✓ **Digestion:** the chemical breakdown of food (*a.k.a. enzymatic hydrolysis*)
- ✓ **Egestion:** elimination of **INDIGESTIBLE** wastes. Examples include **owl pellets, fur balls (cat), feces**

**Transport:** the movement of materials within an organism. Transport includes the following two processes:

- ✓ **Absorption:** process by which substances cross a cell membrane
- ✓ **Circulation:** distribution of substances within an organism or inside a cell

**Respiration:** includes all chemical processes that are released and provides the **ENERGY** necessary to maintain the life functions of the organism. **This is a process that occurs in all cells of living things.**

- ✓ **NOTE!! Breathing is NOT respiration** – it is simply the mechanical process of gas exchange.

**Growth and Development:**

- ✓ **Growth:** An increase in the size and number of cells
- ✓ **Development:** includes all the changes that an organism undergoes as it matures

- ✓ **Note!! If an organism only grew and did not develop, it would look like a large newborn.**

## Life Functions Notes (self-check 2)

**Synthesis:** Includes all the activities by which small molecules are chemically joined together to form larger, complex molecules within an organism. (*a.k.a. dehydration synthesis*)

For example, synthesis takes the organic building blocks are the end products of digestion and builds them into the following compounds:

Digestion product (hydrolysis)	→	Synthesis Product (dehydration synthesis)
Simple sugars (glucose)		Complex carbohydrates (starches)
Amino acids		Proteins
Fatty acids and glycerol		Lipids

**Excretion:** Involves the removal of **CELLULAR or METABOLIC created** from the biochemical reactions that are necessary to maintain the life activities of the organism.

- ✓ Some examples of cellular wastes include **carbon dioxide, mineral salts, water, and nitrogen wastes from the hydrolysis of proteins.**

**NOTE!!** Egestion is part of the life function nutrition and does NOT involve any chemical changes to the food that enters the organism.

### Reproduction

- ✓ At a **CELLULAR** level, all organisms reproduce in order to grow or replace worn-out cells
- ✓ At an **ORGANISM** level, reproduction (asexual or sexual) involves the production of new organisms.

**NOTE!!** Reproduction at the **ORGANISM** level is NOT necessary for the survival of the individual organism, but it IS NECESSARY for the survival of the species.

**Regulation:** the control and coordination of the various life activities of the organism. For example regulation would include an **organism's response to internal or external stimuli.**

**Homeostasis:** maintenance of a stable internal environment which is accomplished by the integration of all life functions carried out by the organism.

**Metabolism:** the sum total of the biochemical reactions required to sustain the life of an organism.

**NOTE!!** If an organism's **metabolism** is running correctly and is in dynamic equilibrium (all the biochemical reactions occur at the proper time and rate), then the organism is internally stable and said to be in a state of **homeostasis.**