M Phase: Mitosis and Cytokinesis

The M phase of the cell cycle begins with Mitosis, which involves the division of the nuclear material. There are 4 phases to mitosis which include **Prophase, Metaphase, Anaphase, and Telophase.** A good way to remember the phases of mitosis including interphase is the acronym **IPMAT.**



Animal Mitosis and Cytokinesis

Plant Cell Mitosis and Cytokinesis



1. Prophase:

- Double stranded chromosomes become visible by condensing and thickening.
- Double stranded or sister chromosomes are now called **chromatids**. They are held together by a **centromere**.
- The nuclear membrane dissolves.

- In animal cells, spindle fibers forms from the centrioles. In plant cells, spindle fibers are formed by enzymes in the cytoplasm.
- Double stranded chromosomes start to move toward the equator of the cell.



2. Metaphase:

- Centromeres of sister chromatids attach to the spindle fibers
- Sister chromosomes line up along the equatorial plate of the cell
- Centromeres replicate

3. Anaphase:

• Spindle fibers shorten, pulling the sister chromatids to opposite poles of the cell

4. Telophase:

- Nuclear membranes form around each set of chromatids (now called chromosomes)
- Spindle fibers disappear
- Chromosomes lengthen and thin to form chromatin again

Cytokinesis:

In Animal Cells:

- During anaphase, the cell begins to pinch inward forming a cleavage furrow.
- The cell continues to pinch inward until the cytoplasm completely divides. In Plant Cells:
 - A cell plate begins to form from the middle outward eventually forming a cell wall.

Results of Mitosis and Cytokinesis:

Two daughter cells that are genetically identical to the parent cell, only smaller in size.

Questions:

- 1. Label each mitotic cell phases in Diagram A below and briefly summarize the events that are occurring in each of these phases.
- 2. What type of cells are in Diagram A



Diagram A

- 3. Label the mitotic cell phases in Diagram B below.
- 4. What type of cells are depicted in Diagram B. How do you know? (next page)



- 5. Why must cells reproduce (list 3 reasons)?
 6. Differentiate between mitosis and cytokinesis.
 7. Compare plant cell mitosis to animal cell mitosis.
 8. How do the products of mitosis compare to the parent cell?