

**The Effects of Exercise or Rest on the Number of Clothespin Squeezes per Minute**

Participant	Exercise: # of Squeezes/Min		Rest: # of Squeezes/Min	
1	101	92		
2	105	91		
3			195	205
4			173	190
5	160	180		
6	171	175		
7			188	183
8			154	151
9	110	156		
10	191	247		
11			158	130
12			78	86
13	234	237		
14	160	247		
15			136	215
16			156	207
17	180	150		
18	140	141		
19			210	134
20			109	165
21	110	130		
22	102	112		
23			130	150
24	150	106		
25	205	222		
26			187	151
27			147	162
28	175	183		
29	139	178		
30			132	134
31			155	132
32	155	172		
33	160	187		
34			183	174
35			179	169
36	140	150		
37	142	153		
38			138	133
39			134	120
40	160	158		
41	130	160		
42			150	217
43			165	167
44	200	207		
45	175	183		
46			132	134
47			155	132
48	139	178		
49	135	154		
50			210	187
<b>Total:</b>				

Average for Exercise before Squeezing: \_\_\_\_\_ squeezes/min (round to nearest whole number)

Average for Rest before Squeezing: \_\_\_\_\_ squeezes/min (round to nearest whole number)