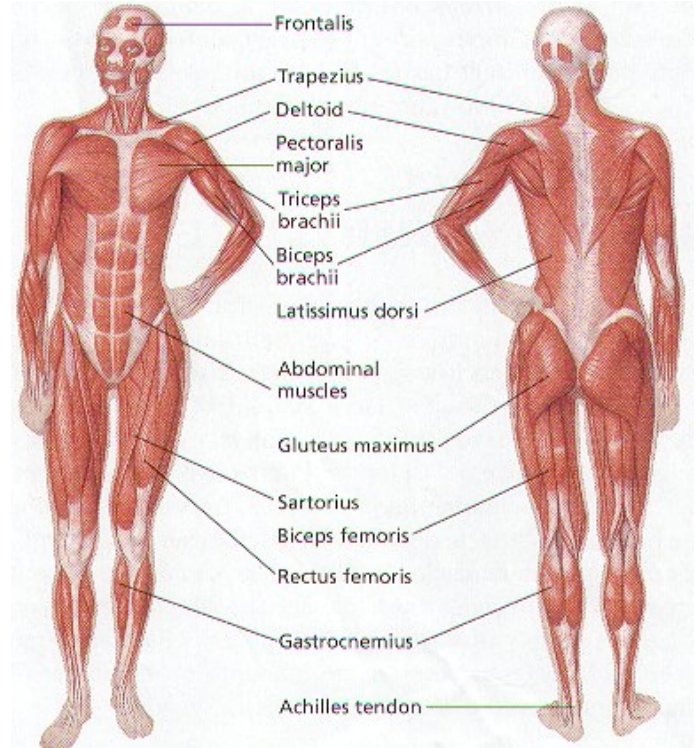


# Muscular System Disorders

The muscular system makes up nearly half the weight of the human body, this is why when we train we sometimes put on weight instead of losing it. We put on muscle weight.

The muscles provide the forces that enable the body to move. Muscles stretch across joints to link one bone with another and work in groups to respond to nerve impulses.

There are many disorders that can affect the muscular system. Some are genetic while others have some cause. Choose from the list below or any other disorder you may know about and answer the following questions or statements in a neat, organized flyer.



## Muscular Dystrophy, Rhabdomyolysis, Polymyalgia Rheumatica or Fibromyalgia

- Briefly discuss a muscle tear, a muscle pull or a muscle strain.
- Include some possible causes of the tear, pull or strain.
- Choose two disorders from the list above or any other you are interested in.
- Include at least 2 pictures of muscles, the muscular system or microscope images of the affected areas.
- Symptoms of each disorder
- Approximate age of individuals with the disorder.
- List some ways to control the pain or discomfort associated with the disorder.

\*\*\*\*\*Be sure to include proper citations and your name.

Diagram: <http://www.human-body-facts.com/human-body-muscle-diagram.html>

Text: <http://www.human-body-facts.com/muscular-system.html>